

The
Minuscule
Ant

POETRY BY
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Just a Coincidence

Is it just a coincidence that both the words 'greenbug' and 'earth-nut' can be obtained from environmental activist Greta Thunberg? And what about 'legalist' as the longest word obtained out of former barrister and now independent MP Zali Steggall? Given that John Foreman is musical director and conductor for carols by candlelight in Melbourne, then why does John wear a maroon jacket when conducting when Santa turns up in a red jacket? Is it merrily (ho ho!) the fact that 'maroon' can be obtained out of John Foreman and not 'red'? Further, does the word 'menorah' within John Foreman suggest that carols are suitable for Jews as well as Christians given that Jesus was Jewish? But of course, 'justice' can be obtained out of Jesus Christ or 'justices' if one was trying to use all their letters in scrabble to obtain the 50-point bonus. And further, John's puppy dog named Fred lends itself to a composition titled 'Fred is a four-letter word' in F major given that 'nonmajor' is the longest word obtained out of John Foreman. And is it just a coincidence that tennis player Carlos Alcaraz is missing a 't' for tennis (or even a 'cross') to form the infamous Alcatraz prison in reference to Jannik Sinner ('Sinners'), Alex de Minaur (aka 'Demon'), Casper Ruud ('Ghosts' from Casper the Ghost) and Karen Khachanov ('Katchy' for a 'KKK')? If one was to speculate on who is the GOAT, again why not rely on logic and simply search for players that have the word 'GOAT' within their name. Thus, call me Mr Coincidence but the record number of slams is 64 which belongs to Margaret Court where the word 'GOAT' can readily be obtained. Also, a GOAT cannot be a BULL which eliminates one-dimensional clay specialist Rafael Nadal and similarly a GOAT cannot be a HORSE and thus eliminating Phar Lap assuming tennis polo is a sport. Okay some politics. Given that 'archangel' is an anagram of Rachael Gunn (aka 'Raygun') without the UN, should we then simply abolish the UN? Bandt is displayed sequentially in Bandicoot and Albo sequentially in Albatross in reference to political leaders Adam Bandt and Anthony Albanese (known colloquially as 'Albo'). Susie O'Neill, former gold medallist swimmer was nicknamed 'Madame Butterfly' in reference to her peerless quality as a butterfly swimmer. If we assume there is a God in which around 40% of the world's population would agree then God loves all his creation including the minuscule ant and (drum roll) Prime Minister Ant Albanese. Thus, would nicknaming Susie O'Neill

or other personalities including Adam Goodes with names containing Ant, Bandicoot, Albatross etc. be in good taste or offensive given that again to reiterate that Susie O'Neill was nicknamed 'Madame Butterfly', God loves all his creation including the minuscule ant and a further 900 million Hindus believe in reincarnation where we were other species animals, plants or otherwise in previous lives? Thus, based on the above is it in good taste or offensive to nickname former PM John Howard as 'Warthog Howard' given the coincidental word 'war' within Howard and Australia with Howard as PM supporting the 2001-2021 wars in Afghanistan? And is it just a coincidence that there are three political leaders mentioned above where their names resemble species of animals and thus why didn't we just mention the obvious name of former PM Bob Hawke from the outset?

Is the Davis Cup $\frac{1}{2}$ Full or $\frac{1}{2}$ Empty?

Consider a single game of tennis on a cold and rainy day, since taking the dog (or horse) for a walk around the local park is no longer an option. Then by applying elementary methods of counting paths, Binomial theorem, Markov Chains and summing an infinite geometric series one can readily obtain the probability of player A winning a game of tennis as a function p (given $p+q=1$) of player A winning a point as $f(p) = p^4(1+4q+10q^2) + \frac{20p^5q^3}{p^2+q^2}$. This simplifies to $f(p) = p^4(1+4q + \frac{10q^2}{p^2+q^2})$ since 30-30 and deuce are equivalent states, and thus how many times can one remember playing competition or even club tennis where a confrontation has taken place on whether the score is 30-30 or deuce? Further, advanced methods using absorbing Markov chains represent $f(p) = \frac{p^4(1-16q^4)}{p^4-q^4}$, where it appears that $p = \frac{1}{2}$ is undefined since the denominator equals 0. However, on closer inspection the numerator also equals 0 for $p = \frac{1}{2}$, and we end up with the equation $\frac{0}{0} = \frac{1}{2}$, for $p = \frac{1}{2}$ as a non-linear singularity. Using a mathematics software package, factorization follows as $f(p) = \frac{p^4(3-2p)(4p^2-8p+5)}{2p^2+1-2p}$, and the roots $p = 0$ of multiplicity 4 and $p = \frac{1}{2}$ can readily be obtained. Agree that probabilities must be between or equal to 0 and 1, but this is a piece of poetry rather than a mathematics course so

let's just be a little bit creative for the purposes of identifying as many instances as possible of a $\frac{1}{2}$ appearing in this passage given that the probability of winning the coin toss is ? Continuing to obtain further roots of $f(p)$, the quadratic equation can be applied to obtain two complex roots in conjugate pairs $p = 1 + \frac{1}{2}i$ and $p = 1 - \frac{1}{2}i$. Now that we have established the roots of the function $f(p)$, the next task is of course differentiation and anti-differentiation (integration) where with a bit of elbow grease or a mathematics software package, $f(p)$ has a minimum turning point at $p = 0$ and a maximum turning point at $p = 1$ which intuitively is what you would expect. Likewise $f(p)$ has a non-horizontal point of inflection at $p = \frac{1}{2}$. Naturally we choose to integrate a game of tennis in the region from 0 to 1, but before proceeding with the mathematics it can be observed that the area of a rectangle = base (b).height (h). The graph of $f(p)$ from 0 to 1, is visualized as a line that is symmetric about a rectangle with area 1 given that $b = 1$ and $h = 1$ (which is in fact a square). Note that differentiation gives the gradient function, whereas integration gives the area under the curve. Since the graph of $f(p)$ from 0 to 1 is symmetric about a square with area 1, then the area under the curve should be equal to $\frac{1}{2}.1 = \frac{1}{2}$ and verified using a mathematics software package. And similarly applying this piece of symmetry theory to a cup such as the Davis Cup, one can pour water into the cup whereby tilting the cup until the water is just touching the rim, would then determine whether the Davis Cup is (drum roll) $\frac{1}{2}$ full or $\frac{1}{2}$ empty.

MATHS MATTERS @ KHS 30th Reunion

On the 21.09.24, Tristan attended the 30th reunion Killara High School for the class of 1994. Since, $21+9-24=6$ (where 6 is a perfect number $3+2+1=6$ and $3 \times 2=6$), implies that maths was taught in class 30 years ago. Both tennis and sport are major likes for Tristan as documented in the class of 1994 yearbook and this is most applicable in the real-world through Novak Djokovic, where $e=2.7182818284\dots$ is a transcendental number, COVIDjok is an anagram of Djokovic and Novak was denied up to 3 slams due to COVID. Thus, how many slams was Novak expected to win due to COVID to complete the Novak COVIDjok? Also documented in the

class of 1994 yearbook is Tristan's hero chemistry teacher Matthew (Matt) Murphy, which is quite fitting since bitartrate (an anion which is the conjugate base of tartaric acid) is the longest word obtained out of Tristan Barnett. Now Tristan turned up to the 30th reunion to reflect his likes of maths and sport using the Novak COVID-jok2.7182818284..... with nail polish in the order of 2 white, 7 gold and 1 white. It is also noted that Don White was Tristan's maths teacher in 1994 and Michael Gold was the principal. Thus, how can maths be used to highlight Matthew, Don and Michael using the Novak COVIDjok2.7182818284..... with Tristan's nail polish in the order of 2 white, 7 gold and 1 white? Solving the first part of the problem is relatively simple given the gold and white references. Michael has 7 letters and Don has $2+1=3$ letters, which are reflected by the arrangement of Tristan's nail polish of 2 white, 7 gold and 1 white given the last names of Gold and White from Michael and Don respectively. The second part of the problem to reflect Tristan's hero Matthew Murphy requires ingenuity, such that Dan Murphy's is a liquor chain and vodka can be obtained out of Novak Djokovic (or dovak anagram). Now Matthew has 7 letters (in reference to the 7 gold) and Dan has 3 letters (in reference to the 3 white). MATHS MATTERS

Saving Jannik Sinner with the Night-time Cap

As of the 14th October 2024, Jannik Sinner holds a 2-0 win record over Casper Ruud in reference to 'Casper the Ghost'. Sinner also holds a 7-1 win record over Alex De Minaur (aka "Demon") and noting the match that Sinner lost to De Minaur was a w/o. Thus, Sinner (where a sinner refers to a person who commits a sin and in a religious context, sin is a transgression against divine law or a law of the deities) has defeated both Demons and Ghosts in all 9 matches noting that Casper is ranked 9 and De Minaur ranked 11. And further, Sinner has won 2 grand slams and has spent in total 18 weeks as ATP world No. 1. How is this possible and has religion or spirituality played a role given the references of 'sinner', 'ghost' and 'demon' from above? If we look at amazing feats in tennis, then a couple of highlights include Michael Chang as the youngest male player to

win a singles grand slam and Margaret Court with a record 64 slams including an equal record 24 singles slams. Both players of course were highly religious with a Christian perspective. Now stating the obvious Sinner is Italian and the Vatican along with the current pope 'Pope Francis' are in Rome. Roman Catholic bishops (including cardinals, archbishops, and popes) are well-known for the head covering called a 'mitre'. And incidentally Sinner also wears a head covering as simply a 'tennis cap' even at night-time and this is well-known. Now, Sinner has won 2 slams, $r+2=t$ (on the standard alphabet), replacing the 'r' in sinner with a 't' gives 'sinnet' and 'sinnet' reversed is 'tennis'.
DIVINE

Anyone for Basketball?

An intriguing question in the world of sporting prowess is this: how well would an elite athlete perform if we dropped them into a completely different sport? Ash Barty provides a fascinating example, having excelled at both tennis and cricket while even considering professional golf after retiring from tennis in 2022. So, if athletes can cross sporting boundaries, why not assemble an entire basketball team from tennis legends? Basketball is the ultimate team sport: five players, different skill sets, one ball and absolutely no room for someone who thinks they're playing singles. First, we need a sharpshooter. Basketball rewards precision, particularly from behind the three-point line. In tennis, the closest equivalent is the ability to serve an extraordinary number of aces. Enter Goran Ivanisevic, Mr Ace himself. His 2001 Wimbledon triumph as a wildcard was built around a formidable serving performance, making him the obvious candidate to stand downtown beyond the three-point line and launch basketballs at the hoop. Next comes the slam dunk. At 1.93 metres, Goran might also have fancied his chances above the rim, but the tennis player who practically has the word slam built into his résumé is 14 times tennis slam champion Pete Sampras. His spectacular overhead 'slam dunk' tennis smash has long been admired by tennis fans, with some even suggesting that Pete possessed the athleticism to dunk a basketball on a 10-foot hoop. In other words, Pete could potentially turn a

tennis smash into a basketball slam dunk—with considerably more altitude and attitude! For some fancy ball handling, Nick Kyrgios would be the obvious choice. His trademark tweener demonstrates the sort of improvisational hand-eye coordination that could make him basketball's most entertaining trick-shot specialist. You would probably want to warn the coach, however, that the phrase “stick to the game plan” may not be part of his vocabulary! For defence and recovery, Boris Becker earns a place through his legendary diving volleys. If the basketball is heading towards the floor, Becker's response would presumably be: Why let gravity win? That leaves the most important position: the ball handler. Basketball requires the ball to travel repeatedly from one end of the court to the other, so we need someone with almost supernatural patience and ball control. Step forward Novak Djokovic. In the 2015 Miami Masters final against Andy Murray, Novak famously bounced the tennis ball repeatedly before serving at match point—reported as 29 consecutive bounces. If anyone could bounce a basketball from one end of the court to the other while maintaining concentration, Novak would surely be the man. So, there we have it: Goran Ivanisevic for the three-pointers, Pete Sampras for the slam dunks, Nick Kyrgios for the trickery, Boris Becker for the diving defence and Novak Djokovic for the endless ball bouncing. On paper, it may be the most mismatched basketball team ever assembled—but with this much tennis talent, you would certainly want to see them take centre court.

Much Ado About Tristan Barnett

Chris Isaak (born 1956) and Ariana Grande (born 1993) share Tristan's birthday 26th June. Notable events on this day include the United States Congress officially declaring Christmas a federal holiday in 1870, the founding of the United Nations in 1945, the passing of Michael Jackson in 2009 (25th June in the US exactly 6 months from Xmas), and on the 26th June 2024, Julian Assange becoming a free man following a plea deal with the US government. Both Tristan Barnett and Rachael Gunn (aka 'Raygun') are affiliated with Macquarie University. Rachael is a lecturer and Tristan graduated with

a Bachelor of Science degree. And incidentally, if the United Nations (abbreviated to just 'UN') are abolished, then 'archangel' is an anagram of 'Rachael Gunn'. And quite fitting given that the word 'spiritualness' can be obtained out of the 2006 epic romantic drama film 'Tristan plus Isolde'. Tristan's name is tennis orientated given that 'tennis' can be obtained out of 'Tristan Barnett'. Tristan's birth date 26th June 1977 is also tennis orientated given that Wimbledon commenced on the 26th June in 2006, 60/60/60 can be obtained out of the 26062006, 1977 is 100 years after the start of Wimbledon 1877 and Tristan graduated with a PhD in tennis statistics in 2006. At the 2025 Australian Open, Tristan Schoolkate lost to Jan-nik Sinner in the second round, and Tristan Boyer lost to Alex de Minaur (aka 'Demon') in the second round as well. Thus, the two Tristans at the 2025 Australian Open both lost in the second round - one to a 'Sinner' and the other to a 'Demon'. Shakira, Emma Pask, Ada Nicodemou and Schapelle Corby were born in 1977, and Elvis Presley died in 1977. Simon Tedeschi (4 years below Tristan) and Elle Macpherson (13 years above Tristan) both attended Killara High School, and Stirling Mortlock was in the same year as Tristan at Lindfield East Public School. Whilst compiling this dissertation about 'Tristan Barnett', Jerome Laxale was the federal MP for the seat of Bennelong (Tristan's federal electorate where Tristan's middle name is 'Jerome') and Jordan Lane was the state MP for the seat of Ryde (Tristan's state electorate where Tristan's former puppy dog was named 'Jordan'). And finally, Penny Wong was the Minister for Foreign Affairs (where Penny always saves the day in reference to the former television series Inspector Gadget). Penny and the detective dog called 'Brain' are the true heroes of Inspector Gadget, acting as the secret, competent intelligence behind every mission while the incompetent Gadget takes the credit. Thus, if one symbolizes Tristan's former puppy dog named 'Jordan' with intelligence Jordan Lane MP to detective dog 'Brain' from Inspector Gadget with intelligence Penny Wong Minister for Foreign Affairs (where the collaborative team of Penny and Brain from Inspector Gadget always save the day), then what are the chances that Tristan regularly watched Inspector Gadget as a kid whilst growing up?

The Double Prestige in Tennis

“The Prestige” is the final part of a magic trick, where the magician reveals hidden secrets and unveils the true nature of the illusion, delivering a satisfying conclusion that leaves the audience amazed. Disclaimer: to achieve The Prestige in tennis - or indeed The Double Prestige - the audience should read this passage from beginning to end; otherwise, it would be like watching Titanic after already being told the ending. Now the traditional advantage set, which had existed since the origins of Wimbledon in 1877, was completely abolished from tennis 145 years later, with the 2021 French Open becoming the last Grand Slam tournament to use it in singles final sets. The tiebreak itself had been proposed by James H. Van Alen in the early 1950’s to solve the problem of excessively ‘long’ matches and was first introduced at the US Open in 1970. Although the other Grand Slams later adopted tiebreaks, they initially preserved the final advantage set as a nod to tradition. However, the increasing dominance of the serve - particularly in the men’s game due to improvements in racket technology - continued to produce lengthy final sets. Famous examples include Ivanisevic defeating Krajicek 15–13 at Wimbledon in 1998, Roddick defeating El Aynaoui 21–19 at the 2003 Australian Open, and Isner defeating Mahut 70–68 at Wimbledon in 2010, a match lasting a world record 11 hours and 5 minutes. The only ‘positive’ aspect of this latter match was that it was played over three days due to light constraints. Thus, if spectators missed the match on the first day, they could still watch it on the second day; similarly, if they missed it on both the first and second days, they could still watch it on the third day. Another major scoring innovation was the introduction of the No-Ad game in doubles in 2006, where a sudden-death point is played at deuce. Building on this idea, consider an alternative format called the 50–40 game: the server still requires four points to win the game, but the receiver needs only three. This deliberately introduces a small imbalance in favour of the receiver and caps games at six points. Since serving has become increasingly dominant, such an imbalance may actually create more competitive games and more breaks of serve. Suppose player A and player B have probabilities of 74% and 72%, respectively, of winning points on serve-values typical of ‘long’ advantage-set matches. Using a Markov chain model with constant serving probabilities, the chances of reaching 12–12 in a final

advantage set are 21.7% using traditional deuce scoring, 13.6% using No-Ad scoring, and only 2.0% using the 50–40 game. Thus, the traditional advantage set could potentially return as a final set in Grand Slam tennis through this game changer (pun intended) - and voilà, “The Prestige”. There is more. Under the same serving assumptions, the average number of points played in a best-of-five match with all tiebreak sets is 274 for deuce scoring, 249 for No-Ad scoring, and only 212 for the 50–40 game. Meanwhile, the stronger player’s probability of winning rises slightly from 61.1% under deuce and No-Ad scoring to 61.8% under the 50–40 format. Thus, the 50–40 game not only shortens matches but, somewhat counterintuitively, slightly increases the likelihood that the stronger player wins. At the same time, it may allow the return of the traditional advantage final set while avoiding the excessive match lengths that led to its removal - and voilà, “The Double Prestige”.

Backpackers Down Under - Fraser Island and Beyond

Whilst travelling on a 4-monther Greyhound Bus backpacker style from Melbourne to Darwin in 2024 (via Cairns and Alice Springs), and 10,000+ km later, the writer was just a little bit curious as to why backpackers would plan their entire trip around Fraser Island (in comparison to other big features such as do an Uluru or sick gorg possibly spewing jumping crocodiles Adelaide River Top End). Here are several reasons. Firstly, Fraser Island is a major highlight in the Australia Lonely Planet Guide and every tourist alike not just backpackers would note Fraser Island on the bucket list as things to do. Secondly, Fraser Island is a UNESCO World Heritage Site and at 122km long it is the world’s largest sand island. Thirdly, the island’s proximity from the major cities of Sydney and Brisbane, and nicely positioned on the East Coast of Australia (home of the Great Barrier Reef and Whitsundays) is convenient for all types of backpackers including nomads, gypsies, hipsters, surfies, musos, clubbers, poet slammers, filthy mullets, fruit-loops, swifties, drifters and couch surfers. Fourthly, assuming backpackers arrive in Sydney and depart from Cairns, then a Lonely Planet route could entail from south to north - Bondi Beach,

Manly Beach, Summer Bay (also known as Palm Beach without Marilyn Chambers and Mr Stewart), Byron Bay, Surfers Paradise, Rainbow Beach, Airlie Beach and Mission Beach (although you are more likely to see a cassowary on the beach than a missionary); where Rainbow Beach is the gateway and closest mainland to Fraser Island. Fifthly, overseas marketing, branding and 'product pleasure' can drive traffic to destinations and thus contributing to the half a million visitors to Fraser Island each year. Familiar and now popular branding towards backpackers include Wake Up (in reference to Jack Dawson in the movie 'Titanic' but unable to say too much as to not spoil the ending), Nomads Magnetic Island (with an Adults Only Olympic Games interactive night), The Arts Factory Byron Bay (where one can deepen their own self-awareness with mother-nature such as making a bracelet out of a blade of grass), Gilligans Backpackers Cairns (known as party central and Gilligan's Island is a well-known pinball game), Spank Me in the Whitsundays and voila Dingo Tours glamping on Fraser Island playing patented dorm-only UNO Flip with 4 players given that 6 is a perfect number (that is a positive integer that is equal to the sum of its positive proper divisors), where the total number of ways that a group of 4 objects (be it balls, cards or even backpackers) can be arranged 2 at a time (known as the binomial coefficient 4C_2) is equal to 6 - perfect!

Three Little Birds and the Bees

'Three Little Birds' is a song by Bob Marley and the Wailers, released on the album Exodus in June 1977. Coincidentally, the only three former Australian politicians that come to mind with last names representing types of birds are Andrew Peacock, Bob Hawke and Wayne Swan. The 31st Australian Prime Minister is Anthony Albanese (often referred to as just 'Albo'). Incidentally, the word 'Albo' could be interpreted as 'Albo the Albatross', where 'Albatross' cannot be obtained out of the letters of 'Anthony Albanese' but rather a ridiculous four other types of animal species namely - ants, bees, abalone and hyenas. Now playing off the colloquial expression 'the birds and the bees' LOL and based on information obtained above we can deduce the rather elegant expression 'Three Little Birds and the Bees'. Now

incidentally, one of the longest words obtained out of 'Anthony Albanese' is nanotesla. It is readily accepted amongst public discourse including academics, politicians and former politicians, that ants are minuscule. From above and stating the obvious 'Anthony' can be abbreviated to just 'Ant', and given the 'nanotesla' reference from above lends itself to another rather elegant expression that the PM Anthony Albanese could be referred to as 'The Minuscule Ant' in preference to 'Albo the Albatross'. Now also incidentally, 'AA' are the initials of 'Anthony Albanese', where 'aa' is an actual word defined as a type of lava and lava is known to symbolize 'love'. Thus, if one loves 'ants', then one will like all of God's creation since (drum roll) ants are minuscule.

To be or not to be Li Na or Na Li

Li Na (or Na Li given that in China the last name is often pronounced first) is a Chinese former professional tennis player and quite impressively the first Chinese player to win a Grand Slam (2 in total) by winning the 2011 French Open and 3 years later the 2014 Australian Open. Now let's digress to chemistry given the obvious 'love' reference in tennis, the not so obvious Australian Open (abbreviated to AO 'Adults Only') and the smoking ash reference from Ash Barty LOL. On the periodic table of elements, lithium (abbreviated to Li) has an atomic number of 3 and sodium (abbreviated to Na) has an atomic number of 11. Sodium Na is directly below Lithium Li on the periodic table and thus it is intriguing that although Li Na reads naturally from top to bottom on the periodic table; there is an argument that Na Li could be an icebreaker discussion at say an end of year school prom for argument's sake based on Na Li winning the 2011 French Open and 3 years later the 2014 Australian Open where Sodium Na (atomic number 11) + Lithium Li (atomic number 3) = 14. Let's continue with the chemistry theme and you may like to grab yourself a hot chocolate given 'Hot Coco' within 'hot chocolate' in reference to the 2023 US Grand Slam winner Coco Gauff. Now again referring to the periodic table of elements, Rutherfordium (abbreviated to Rf) has an atomic number of 104 and Roger Federer with initials and international branding also RF (by noting the capital F) has won 103

titles. Therefore, by equating the two identities produces $R_f - R_F = 104 - 103 = 1$, and with some grunt and fancy footwork we derive the rather elegant equation $R = \frac{1}{f - F}$.

One-Dimensional Rafael Nadal

The 2025 French Open commenced on the 25th May with a tribute to Rafael "Rafa" Nadal, highlighting his record 14 titles at the tournament - the most by any player at a single Grand Slam. Rafa won 22 Grand Slam titles overall, with 14 out of 22 or 63.6% coming at the French Open. Across 1,326 career matches, Rafa won 82.3%, with a standout 90.2% win rate on clay, far higher than on any other surface. Rafa's performance drops on indoor courts to 67.9%, reflected in his lack '0' of ATP Finals titles played indoors. Thus, based on Rafa winning a record 14 French Open titles in comparison to winning the other 3 grand slams of 8 in total, along with Rafa's relatively poor performance on indoor surfaces, suggests that Rafa could be One-Dimensional - only performing on clay surfaces played outdoors. Now given Rafa's special tribute at the 2025 French Open and retirement from tennis just after the 2024 Paris Olympics, suggests that his next project and journey in life could involve clay, as opposed to spray painting the car 'Pro Hart' style for argument's sake. Thus, what would be more appropriate than Rafa Nadal taking up pottery-making and could be a great ambassador for this craft-making 'art' sport if we assume that 'physical' sports apply to tennis, cricket and the likes, and 'mind' sports apply to chess, poker and so on. Further, if there was indoor and outdoor pottery-making then Rafa's performance outdoors could possibly be better than indoors if tennis is anything to go by given that Rafa won a ridiculous world record 14 French Open titles played outdoors and thus has a 'feel' for the clay. Now an obvious reference to pottery-making is of course from the 1990 film 'Ghost' with lead casts Sam Wheat as played by Patrick Swayze and Molly Jensen as played by Demi Moore. "Hey Google what is the pottery-making scene in the 1990 film Ghost" - "well Tristan the pottery scene is a moment of quiet sensuality, where physical touch and intimate proximity are central to the narrative. As Sam, in his ghostly form, gently guides Molly's hands on the spinning clay, the viewer

is invited into an intimate space of vulnerability". Now it is rather convenient that there is an alias 'Ghost' on the tour through Casper Ruud (where Casper was the name of a 'friendly ghost' in a theatrical animated cartoon series) and it is also convenient that Casper Ruud like Rafa Nadal also performs best on clay in comparison to grass and hard courts. Thus, although Rafa Nadal appears to be the superior in tennis to Casper Ruud on all surfaces, it would be intriguing and could make great spectator curiosity for which tennis player would be better at pottery-making where both indoors and outdoors day-time and night-time (LOL) could be utilized accordingly. On the contrary Roger Federer's tennis record with 8 men's Wimbledon singles titles and 6 end of year ATP Finals suggests that Roger in his retirement could be best suited to say indoor grass lawn mowing. And finally, Novak Djokovic is good on all surfaces grass, hard and clay indoors and outdoors with a particular talent for bouncing the ball an unlimited number of times before serving, and thus Novak could also be competitive at both pottery-making and lawn mowing both indoors and outdoors day-time and night-time. However, given the ability to bounce the ball an unlimited number of times suggests that Novak should avoid street performing as a juggler.

Beyond Serenity in Israel/Palestine Combined

The writer decided to play around with words and Scrabble games from 7 June 2025 onward to find even the slightest hint as to whether the ongoing Israeli–Palestinian conflict could eventually be resolved through findings that appear somewhat magical or even "spiritual" because of their coincidences. The findings are as follows. Israel was declared the 'State of Israel' on 14 May 1948 by the United Nations (UN). Rachael Gunn (aka 'Raygun') was somewhat controversial as a breakdancing competitor at the 2024 Paris Olympics because of her style of dancing. Raygun received zero points from the judges and did not progress beyond the first round. If we abolish the UN, then amazingly the word 'archangel' is an anagram of 'Rachael Gunn'. In a similar word puzzle, former tennis player Mark Philippoussis (aka 'Flip') won zero Grand Slam titles. Once again, if we abolish the UN from the card game 'UNO Flip', we are left with 'O Flip' (or Flip

winning 0 slams). Therefore, if the UN had not declared the 'State of Israel' in 1948, or if the UN had never existed in the first place (to be 'abolished'), would the Israeli–Palestinian conflict have ever occurred, where Israel's current war in Gaza has reportedly killed at least 54,677 Palestinians and wounded at least 125,530, according to Gaza's Health Ministry? The Prime Minister of Israel, Benjamin Netanyahu, is the longest-serving Israeli Prime Minister in history, serving for more than 17 years in total. One of the longest words that can be formed from 'Benjamin Netanyahu' is 'antihuman', which scores a total of 14 points in Scrabble based on its net value. The word 'humanity' can also be formed from 'Benjamin Netanyahu', and it scores 16 points in Scrabble. The word 'antihuman' is defined as being opposed or hostile to humanity. Given that 'humanity' scores more points than 'antihuman' in Scrabble, this may perhaps indicate that 'humanity' is more likely than 'antihuman' within Benjamin Netanyahu. One of the longest words that can be formed from 'Palestine' is 'penalties', and an anagram of 'Israel' is 'sailer'. The UN has imposed sanctions on the Israeli government and sought for Benjamin Netanyahu to face the International Court of Justice for war crimes. In June 2025, a British-flagged yacht named 'Madleen', as part of the Freedom Flotilla mission, was intercepted by Israeli forces on 8 June while sailing to Gaza to provide humanitarian aid to the Palestinian people. Given that 'greenbug' and 'earthnut' can be formed from 'Greta Thunberg', it seems fitting that the 22-year-old climate activist and humanitarian was among the crew on the sailing vessel to Gaza. Given that neither of the above 'missions' was successful, this may help explain why the 'reverse' of words appears to have occurred, such that 'penalties' apply to Israel according to the UN, and 'sailer' applies to Palestine, as in the sailing ship to Gaza providing humanitarian aid to the Palestinian people. The fact that this 'reverse' occurred appears somewhat 'magical', since if one or both missions had been successful, then the word puzzle would not seem to make sense. Thus, perhaps these two outcomes — Benjamin Netanyahu not facing the International Court of Justice for war crimes and the Madleen mission to Gaza being intercepted by Israeli forces — represent the best outcomes for the long-term resolution of the conflict. The word 'serenities' can be formed from 'palestineisrael', where 'serenities' is defined as states of being calm, peaceful, and untroubled. The word

'serenity' also resonates with the public, as depicted in the Australian film *The Castle*, with the iconic line, "How's the serenity?" associated with the Kerrigan family's holiday home in Bonnie Doon. However, 'serenity' itself cannot be formed within 'palestineisrael'; rather, only the plural form, 'serenities', can be obtained. Since a plural form is often perceived as stronger or extending beyond the singular form, this may perhaps be an indication or a 'sign' that something beyond serenity could exist in a combined Israel-Palestine future.

All About Ants

If one likes ants then one will like all creation for the following reasons: 1) ants are the most primitive of animal life, 2) ants are the most abundance of animal life (possibly around 13,000 species of ants), 3) everyone associates very well with ants and somewhat amazed by their abilities for such a minuscule creature, and 4) ants are social insects. Thus, if one does not like ants are they then classified as being 'anti'? And what about Spider-Man in the sense that if there are no 'ants' around, has Spider-Man then killed off the ants including Ant-Man given the word 'ant' within quANTumania? And thus, is Spider-Man really just the Anti-Man? But God loves all his creation including the minuscule ant and (drum roll) Prime Minister Ant Albanese. And thus is Ant Albanese minuscule given that 'nanotesla' is one of the longest words obtained in 'Anthony Albanese'? And can kangaroos really fly given that 'ant' is obtained within qANTas and not kangaroo? Ants have an association with Shakespearean plays with one-liners such as 'Wherefore Ant thou Cleopatra'. Building an art gallery (or rather an 'ant' gallery) could be quite appropriate where Pro Hart frequently used ants as a powerful symbol in his art, particularly to represent the hardworking miners of Broken Hill. He saw a parallel between the tireless efforts of ants and the dedication of miners, toiling underground to extract silver, lead, and zinc. The ants, therefore, became a visual metaphor for the miners' resilience and contribution to the community, especially during challenging times like the World Wars and the Great Depression. The Australian indigenous often use ants (particularly honey ants) in their paintings as a representation of bush survival

tucker and green ants can be used for traditional medicine. The indigenous animal of the Northern Territory is indeed the ant, and quite appropriate given that Australia Northern Territory abbreviates to just 'ANT'. The very fact that society are so fascinated by such a minuscule creature, possibly led to the 1998 animated film 'Antz', grossing \$171.8 million worldwide at the box office and receiving positive reviews, with critics praising the voice cast, animation, humor, and its appeal towards adults. In any case ants are abundANT, have ANTennas but can't play tennis, are anything but ANTisocial, quite brilliantANT, fANTastic, importANT, relevANT and pleasANT. And finally, it could be worth an archaeological exploration to find rare species of ants such as the dinosaur, trap-jaw, bulldog and driver ant particularly in places of ANTwerp and ANTarctica – where if unsuccessful one could quote "they were clearly there but did not see any ants because they are minuscule".

ABBA in Mullum the Day After 25/07/25

As the title suggests there was some ABBA type performance in Mullum on the 26/07/25 – where the previous day was the 25/07/25 in line with the palindromic words 'ABBA' and 'Mullum'. More specifically, the show was advertised as 'ABBA Ukulele Fest' with a tagline 'Whether you're an avid strummer or just here for the harmonies, this event is for you. Bring your uke, your voice, your friends - or just bring your love of ABBA'. The event was held at the Courthouse Hotel in Mullumbimby (aka "Mullum"), a town in the Byron Shire in the Northern Rivers region of New South Wales Australia, from 2-5pm on Saturday 26th July 2025, where the 1898 'historic' hotel pub even had modern-day washroom facilities and the 'Waterloo' was only part of the ABBA sing-along performance. Hence, can we derive some piece of logic or at least join the dots as to why the performance was held on the 26/07/25 and not the 25/07/25 to complete the palindromic trilogy if we include the words 'ABBA' and 'Mullum'? Well firstly, an eve of an event is often showcased as just as important as the actual event itself e.g. New Year's Eve and Xmas Eve, where the eve of the ABBA performance was the 25/07/25. Now let us look at something more innovative and note that although the word 'ABBA' is sequential

in the hit song 'Abracadabra' by Lady Gaga, the word 'Abracadabra' is not actually a palindrome even though 'arbadacarba' sounds awesome as a throwback for a DJ when transitioning between songs. The film 'Muriel's Wedding' featured four classical ABBA hits, namely 'Dancing Queen', 'Waterloo', 'Fernando' and 'Mamma Mia'. If we consider 'ABBA' to be the dominant pop group in the 1970's, then the dominant pop group in the 1960's could be considered as 'The Beatles'. This latter band had a hit song titled 'Yesterday', which featured in the film 'Mr Bean', and thus if we equate the ABBA hits in the film 'Muriel's Wedding' to the song 'Yesterday' by 'The Beatles' in the film 'Mr Bean', then the obvious reference to the word 'yesterday' to the ABBA performance in Mullum on the 26/07/25, is indeed the previous day as (drum roll + ukulele) 25/07/25.

The Unknown Precedent

The United Nations (UN) is a global intergovernmental organization established by the signing of the UN Charter on the 26th June 1945 with the articulated mission of maintaining international peace and security. If we abolish the 'UN' from former Olympian break-dancer 'Rachael Gunn' (aka 'Raygun') then quite simply 'archangel' is an anagram of 'Rachael Gunn'. Then again, the leader of the opposition 'Sussan Ley' requires the 'UN' to obtain an UNlazy Sussan, in reference to the expression 'a Lazy Susan'. The initials of the PM Anthony Albanese are simply 'AA', where 'aa' is a word representing a type of lava and lava can symbolize 'love'. And if God loves all his creation including the minuscule ant and (drum roll) Ant Albanese, where the longest word in 'Anthony Albanese' is nanotesla, then the PM Ant Albanese could be represented as simply 'the minuscule ant'. The longest word in 'Benjamin Netanyahu' is 'antihuman', where 'i' is complex or an imaginary number equal to the square root of minus one. Thus, if the 'i' in 'antihuman' is imaginary (or doesn't really exist) then antihuman is truncated to simply 'Ant-Human'. Many consider Argentinean professional football player Lionel Messi as the GOAT, where GOAT is an abbreviation for 'Greatest Of All Time'. Thus, applying concatenation of the initials of 'Ant-Human' being

'AH' to 'Messi' gives the rather elegant word 'Messiah'. And continuing with this concatenation theme, why doesn't President Trump simply marry ET?

All About the Word 'Barren'

According to google AI, the most common definitions of 'barren' describe something that is unproductive or cannot produce growth, such as land that is infertile, or a person or animal unable to bear young. It can also describe something that is devoid of qualities or stimulation, like a speech barren of wit, or an experience barren of success. But the word 'barren' in its different spelling representations has many more connections like places, objects, names and so on with arguably the most famous being the 'Red Baron' - a German fighter pilot Manfred von Richthofen with the German Air Force during World War I. Manfred is considered the ace-of-aces of the war, being officially credited with 80 air combat victories. President Donald John Trump's son is indeed called 'Barron Trump' and incidentally 'John Barron' is an Australian journalist and television presenter most recognized for co-hosting ABC's 'Planet America'. Thus, applying some simple multiplication using the names above we derive the identity $John\ Barron \times Barron\ Trump$, which factorizes to $Barron^2(John \times Trump)$, where we are left with the rather complex conundrum of showing that $Barron^2 = Donald$ to complete the Presidents full name *Donald John Trump*. On a change of direction, Barron Falls is a steep tiered cascade waterfall in Kuranda, Shire of Mareeba, Queensland, Australia. The falls are created by the Barron River descending from the Atherton Tablelands to the Cairns coastal plain. Similarly, Lady Barron Falls, is also a tiered-cascade waterfall, located on the Lady Barron Creek in the Central Highlands region of Tasmania, Australia. Dunno can waterfalls marry? Another change of direction 'Bridge Baron' is computer software (also available as an app) for the classic game 'Bridge' or 'Contract Bridge' that combines AI-powered gameplay with historic tournament replays, allowing you to refine your skills and challenge yourself. The software has a virtual alias known as 'The Baron' which provides a recommendation of the next playing decision in a rather 'seductive' voice such as 'The Baron

recommends two diamonds'. And those familiar with the game of Bridge may have noticed the 'trumps' reference to 'The Baron' and hence 'Barron Trump' could appropriately take on the alias as 'The Baron'.

A Dupe of Pruned Punters Peter Dutton's Protested

At the 2025 federal election on the 3rd May, the Coalition suffered its worst ever defeat to just 43 seats in the House of Representatives, with Labor winning 94. Peter Dutton the Leader of the Opposition even lost his own seat of Dickson, with Labor challenger Ali France defeating him on her third attempt. As the title suggests, Peter Dutton resonates with the well-known 'Peter Piper' tongue twister, where using AI scrabble software all words within 'Peter Dutton' can be easily and quickly populated - pretend, duped, reputed, pruned, deport, protest; to name just a few. Given that AI, SEO and cookies are commonplace at the workstation and let's be honest everyone is attached and even in love with their working platform where a virtual AI generated marriage may even be possible in the not too distant future; is it possible that rather 'unattractive' words of pretend, duped, reputed etc within 'Peter Dutton', may have influenced voting decisions and strategies accordingly, thus contributing to Liberal's worst defeat and the first time in Australian politics that the leader of the opposition losing his own seat? Let us compare key players leading up to the election. Firstly, there was Senator Fatima Payman with her ALP breakaway over 'crossing the floor' by favouring to recognize a Palestinian statehood, throwing 'tantrums' in parliament by accusing Senator Pauline Hanson as being racist and forming the new kid 'Australia's Voice' party. But what may have particularly resonated with the public was her slant 'Fun Facts Friday with Fatima', where the only other 'F' word that comes to mind is of course 'Funky' for a 'Funky Fatima', and thus 'Fun Facts Friday with a Funky Fatima'. Secondly, Peter Dutton was beaten at the 2025 election by Labor candidate Ali France, where the name 'Ali' is probably the closest name that one could have to 'ALP' - Australian Labor Party. And at the very least 'AL' Australian Labor may have resonated with the Australian public. Further, the name 'France' in 'Ali France' has connections

with designer fashion on the Champs-Élysées, sunsets under the Eiffel tower with a nice cold jus d'orange, spotting a rock ptarmigan in the French ALPs (pun intended) and even boutique cafes chocolat chauds accompanied with a petite croissant. Thirdly, the Prime Minister takes on the 'alias' Albo and even this could resonate with the Australian public as say 'Albatross Albo' or 'Albo the Albatross', where encountering a real 'albatross' can be a great experience whilst travelling Australia and abroad. As previously and per the title, Peter Dutton resonates with the well-known 'Peter Piper' tongue twister and thus obtaining rather 'unattractive' words such as pretend, duped and reputed. From above, slogans such as 'Albo the Albatross', ALP France and Funky Fatima; may have resonated with the Australian public based on their brandings. However, the word 'potter' within 'Peter Dutton' is somewhat attractive in reference of course to 'Harry Potter', and thus by Dutton wearing Harry Potter glasses, waving a wand etc, may have resonated with the public with slogans such as 'Dutton the Wizard' or 'Pete's Wizardry with a twist', and possibly could have saved Peter Dutton at the 2025 federal election.

The Unknown Horse

In reference to the children's nursery rhyme 'Mary had a little lamb', with the first verse "Mary had a little lamb, little lamb, little lamb. Mary had a little lamb, its fleece was white as snow". And thus, stating the obvious did Mary have one lamb, two lambs, three lambs or four lambs? And should one call their pet lamb 'Snow White' given their name happens to be 'Mary'? And what about naming your pet GOAT 'Sinner' after the tennis player 'Jannik Sinner'? And can one own a pet BULL given your name is 'Rafael' in reference to clay court specialist 'Rafael Nadal'? And are dogs allowed on Australia's popular 'Greyhound' bus? What about kangaroos on 'Qantas'? Or the 'impossible' snake in New Zealand? Novak Djokovic (with a record 24 singles grand slams) is married to Jelena Djokovic. Incidentally, Dokic is obtained sequentially within Djokovic and quite fitting given that Jelena Dokic was a successful tennis player from Australia with 6 singles titles reaching a career high of number 4 in August 2002. Finally, Taylor Fritz is a professional tennis player also reaching a career

high of number 4 in November 2024. Thus, given the 'similarity' of names with Taylor Swift, it makes sense and could enhance spectator interest for Taylor Fritz supporters to sing 'Taylor Swift' Spotify tunes during critical stages and key momentum shifts in 'Taylor Fritz' matches as a 'Game-Changer'.

Finding the GOAT at the 2026 Australian Tennis Open

Novak Djokovic has never lost an AO final
Carlos Alcaraz has never won an AO final
Novak is going for a record 25 slams
Carlos is going for a record youngest player to win 7 slams
Novak is going for an equal record 11 AO
Carlos is going for a maiden AO
Novak is going for a record oldest player to win a slam
Carlos is going for a record youngest player career slam
Novak holds the record for the most number of weeks ranked number 1
Carlos holds the record for the youngest player ranked number 1
Novak has beaten Carlos on 5 occasions
Carlos has beaten Novak on 4 occasions
Novak has never beaten Carlos on a natural grass court surface
Carlos has never beaten Novak on an indoor hard court surface
Novak is 38 years old from Serbia
Carlos is 22 years old from Spain
who is the GOAT?

A Traveller's Guide to World Renowned US National Parks

YoSemite National Park is simply breathtaking in California's Sierra Nevada mountains. Recognized as part of the UNESCO World Heritage list, YoSemite stands as one of the world's great natural treasures. Whether you're seeking epic adventure or peaceful immersion in nature, YoSemite offers something unforgettable. From ancient giant sequoia trees to the towering granite cliffs of El Capitan and

Half Dome, and the iconic vista of Bridalveil Fall, Yosemite reveals a landscape of cascading waterfalls, lush meadows, and abundant native wildlife. Each season invites discovery and wonder. And if Yosemite alone isn't enough to satisfy the explorer's spirit, California is home to several other remarkable national parks. Sequoia National Park is famed for its giant sequoia trees (no s Sherlock), including the legendary General Sherman Tree, the largest tree on Earth by volume. Joshua Tree National Park captivates visitors with rugged rock formations and stark desert landscapes where bristled Joshua trees (no s Sherlock 2) rise above the cactus-dotted Colorado and Mojave Desert. Kings Canyon National Park contains one of the deepest canyons in the United States and offers vast wilderness beauty. Further east, the state of Utah hosts national parks where visitors can walk paths shaped by thousands of years of human history. In Zion National Park, gaze up at massive sandstone cliffs of cream, pink, and red that soar into brilliant blue skies. Wander through the tall, stretching walls of narrow slot canyons and discover a landscape alive with diverse plants and animals. Zion's unique beauty enchants the senses while connecting visitors with the deep stories of the past and the thrill of present-day adventure. If Yosemite could be described as Radiant, Superb, Vibrant, Resilient, Charming, Devoted, Motivating, and Harmonious; then Zion might be called Blissful, Clear, Euphoric, Serene, Grateful, Passionate, Abundant, and Full of Potential. And when the spirit of Yosemite and Zion comes together, they ignite something greater still: Flourish, Thrive, Cherish, Nurture, Transform, Appreciate, Empower and Inspire.

All About the Soul

The Bible, Qur'an, and the Bhagavad Gita or just 'Gita' each describe a divine spiritual presence within living beings. One interpretation is to equate the Bible/Quran's 'Holy Spirit' or 'Holy Ghost' or 'Spirit of God' or 'Spirit of the Lord' or just 'Spirit' with the Gita's 'Supersoul', and the 'soul' in the Bible/Quran with the Gita's individual soul. In this framework we have two souls, where both the individual soul and the Supersoul are located within one's heart, with the Supersoul being a plenary expansion of God, and acting as a divine observer and guide.

So, at Xmas time you better watch out because Santa may find out who is naughty or nice so start learning the lyrics to your Xmas carols and you better not cry even if one is from Argentina. But note that the capital of South Korea is indeed 'Seoul', and therefore South Koreans (not North Koreans) have three 'souls' based on the above. The Gita describes the soul as spiritual, immeasurably small (one ten thousandth the size of a tip of a hair), and the source of life within the 'dead' material body. Therefore, the soul gets inside the atom as the smallest unit of life. Human existence can then be viewed as consisting of three layers: the gross material body (water, air, fire, earth, space and blood), the subtle material body (mind, intelligence and ego), and the spiritual body (individual soul and Supersoul). The mind is the central subtle sense and has three functions of thinking, feeling and willing. We have 9 holes all driven by senses (and eyes are holes along with the nose, ears and the mouth). The traditional Modern Western Medicine model identifies that we have 5 'standard' senses (touch, vision, smell, taste and sound). Yet we have 9 holes all driven by senses along with the mind being the central subtle sense. Thus, when one equates the 9 holes with the 5 'standard' senses by either counting, feeling, touching or otherwise; then we have 8 senses where the 5 'standard' senses could be considered as 'gross' senses, the mind as a 'subtle' sense and the remaining 2 holes as 'spiritual' senses. Given that the amount of energy in calories/kilojoules that we obtain from food is disproportionately very low compared to the amount of work we do in a day, it appears that physical energy from food alone may not fully explain life, awareness, and consciousness, suggesting consciousness itself could be an additional energy source. Namely, material consciousness (coming from the individual soul) arises from attachment to worldly desires, while spiritual consciousness (coming from the Supersoul plenary expansion of God located in the heart) emerges through practices such as yoga, prayer, art, music, knowledge, poetry, mathematics, meditation, and ethical living. Yoga (or 'to yoke' from the Bible) aims to reconnect the individual soul with the Supersoul, leading toward enlightenment or freedom from suffering. The Buddha for example was Enlightened at the age of 35. From the Gita, there are 400,000 species of humans defined by the level of one's consciousness and 8.4 million species in life. Given $400,000 / 8,400,000 = 0.0476$, implies that almost 5%

of species in life are in fact human. Extending this idea further, if every living being contains a fragment of the divine, then all life may be spiritually interconnected through consciousness (or spiritual consciousness). This spiritual connection is proposed as a possible 'fifth force' of nature beyond the four known physical forces. Thus, if we assume there is only one God, then it makes sense that the piece of God located in the heart of every living entity 8.4 million species in life are somehow connected through a force as possibly spiritual consciousness.

An Unequivocal 10-line Twisted Sonnet

Arty Ash without a b implies Ash Barty is a subset of Ashleigh Jacinta Barty

Whereas Carlos Alcaraz without a t implies Carlos Alcaraz is a subset of Carlos Alcaraz Garfia

Kalani Artis with or without a t implies Kesha Neve is an artist

Whereas John Ash with or without an n implies John Nash is a mathematical artist solving partial differential equations

Artist Trista without an n implies Tristan Barnett is a slam'n poet artist and just a top bloke from the Northern Suburbs of Sydney

Whereas Transit with an n implies transit is the only anagram of Tristan

Heavens longest word in Kesha Neve implies greenbug in Greta Thunberg

Whereas archangel in Ashleigh Jacinta Barty implies Australian Idol Jacinta Guirguis sings like an angel epitomizing the heavens above Earthnut in Greta Thunberg implies archangel in Olympic breakdancer Rachael Gunn

Whereas spiritualness in Tristan plus Isolde implies serenities and pleasantries in a future Israel/Palestine combined

Un Sonnet Français Poétique

Absent, Aurélie, Aviation, Attaché
Brunette, Baroque, Bonjour, Ballet
Poétique, Pascal, Pyjama, Pénélope
Excellent, Emmanuel, Escargots, Employée
Richard, Raison, Révolution, Réservoir
Silhouette, Safari, Sonnet, Solliciteur
Boutique, Burlesque, Baguette, Bureau
Gastronomie, Gazette, Gabriel, Gâteau
Restaurant, Raquette, Ricochet, Ridicule
Musique, Madame, Métro, Minuscule
Champagne, Croissant, Cul-de-sac, Chauffeur
Cabaret, Cadet, Calorie, Connaisseur
Souffle, Sabotage, Sentiment, Souvenir
Magnifique, Massage, Mathieu, Mousquetaire
Déléguer, David, Déviation, Déjà vu
Romantique, Ratatouille, Réunion, Rendez-vous

Bring Back the Linux Operating System

Brisbane – Bris Vegas – Yobbo
Sydney – Sidney Mate – Cobber
Tweed Heads – Gold Coast – New South Wales
Coolangatta - Gold Coast – Queensland
Ballina - Balna - Li Na
Byron Bay IGA – IGA – Iga Swiatek
Suffolk Park – Suffolk – Suffo
Brunswick Heads – Brunswick – Bruns
Mullum – Mullumbimby – Mullum
Bangalow – Bangas – Bangas again
Newrybar – Newie – New S
Nimbin - Nimbin University – Nimbin National University
Lennox Head – Lennox – Linux
Coffs Harbour – Coffs – Cool Banana

All About the Fibonacci Sequence

The Fibonacci sequence is a series of numbers where each number (a Fibonacci number) is the sum of the two preceding ones, typically starting from 0 and 1. The sequence begins: 0, 1, 1, 2, 3, 5, 8, 13, 21, 34, and continues infinitely. However, the Fibonacci sequence is more than just numbers on a page - it's a quiet rhythm woven through the world around us. From the unfolding of petals to the spirals of shells, it hints at an underlying harmony, a reminder that mathematics is not separate from nature but deeply embedded within it. Even the ancient ammonite, preserved in stone for millions of years, carries this sense of wonder. Its graceful, coiled form reflects a timeless pattern - one that connects the distant past to the present, science to art, and logic to beauty. These spirals don't just represent growth; they symbolize continuity, evolution, and the quiet persistence of order in the universe. In an unexpected way, this same pattern can spark inspiration in human spaces too. The small town of Uralla (in the Northern Tablelands of NSW), with its postcode 2358, echoes the Fibonacci progression - a simple coincidence that invites a deeper appreciation for patterns in everyday life. From this numerical curiosity emerges an idea: to shape environments that reflect the elegance of mathematics, transforming ordinary places into spaces of reflection and creativity. Imagine walking through Pioneer Park reimagined as a living spiral - pathways curving gently outward, gardens unfolding in sequence, mosaics telling stories of growth and connection. Such a space would not just be a park, but an experience: a place where mathematics becomes tangible, where visitors can feel the flow of a pattern that has guided both nature and human imagination for centuries. Now imagine a living tapestry of words unfolding in a Fibonacci rhythm - each word expanding with quiet purpose. Beginning with the letter 'A', where 'A' symbolizes the beginning of all things - the dawn of time itself - and the sense of wonder inspired by life's greatest questions: how we came to be, and whether existence continues beyond this world. This is followed with the letter 'I', where 'I' represents the individual self and personal consciousness. Then 'We' as a shared unity - reflecting connection, relationship, the emergence of harmony, cooperation, and collective human purpose. 'Son' represents Jesus as 'the Son of God', 'Moses' embodies the 'Ten Commandments', and 'Muhammad' symbolises the culmination of the Abrahamic tradition, bringing

into focus the shared roots of Judaism, Christianity, and Islam and celebrating their enduring themes of faith, compassion, human connection and sacred story. Alongside this, 'Aboriginality' listens deeply and respectfully to the wisdom of First Nations peoples, grounding the narrative in ancient connection to land, spirit, and community. And then in a beautiful and inspiring way, 'Palestine-Israel-United' also offers hope for the ongoing conflict between Palestine and Israel in the Middle East. At the ninth word of 34 letters, let there be a moment of wonder - a light, unexpected lift inspired by the 1964 American animated live action fantasy musical comedy film *Mary Poppins* - awakening both the magic of our own childhoods and the possibilities we hold for our children's future. Then, as the sequence softens and descends, the words grow simpler, slower, and more still - reminding us that life's truest beauty is often found in the smallest things, spoken plainly and felt deeply. Okay, and here is the complete ascending and descending Fibonacci sequence of words pieced together - A, I, We, Son, Moses, Muhammad, Aboriginality, Palestine-Israel-United, Supercalifragilisticexpialidocious, Antiauthoritarianisms, Reconciliation, Devotion, Peace, God, Om, I, A

The Transcendental Apple Pie

The transcendental number π , 3.1415..., is arguably the most famous transcendental number because of its connection to calculating the area of a circle, πr^2 , and its natural extension to the volume of a sphere, $\frac{4}{3}\pi r^3$. Thus, applying high-school differential calculus, it would be more cost-effective for Coca-Cola to maximize the quantity of liquid while minimizing the amount of material used by producing spherical-shaped cans rather than the commonly known cylindrical type. Given that music is often considered to have a transcendental quality, we need look no further than jazz pianist John Foreman to obtain the word π . By removing the last three letters, 'ano', from the word 'piano', as found within 'John Foreman', we are left with the first two letters, p and i, or simply π . The other well-known transcendental number is e , equal to 2.7182... given that COVIDjok (without the 'e') is an anagram of Djokovic where Novak was denied up to 3 slams due

to COVID. Thus, Novak was expected to win due to COVID a transcendental number of slams of e equal to 2.7182... to complete the Novak COVIDjok. A creative icebreaker topic for discussion at, say, 'Off the Record' nightclub ParkMGM casino Las Vegas before hitting the dance floor and breaking out some hip-hop, rap, contemporary, or even booty-dancing moves, is to explain the Novak COVIDjok2.71... concept through a three-colour fingernail-polish pattern that rotates the numbers 2, 7, and 1, noting that $2+7+1=10$. The obvious colour choices are red, white, and blue, representing the colours of the Serbian flag, given that Novak Djokovic was indeed born and raised in Belgrade, Serbia. American Pie is a comedy film about a group of college students attempting to lose their virginity before, or during, the end-of-year school prom, with or without the assistance of a warm apple pie. Now let us hanker after, or engage in a mass debate over, this warm apple pie by visualizing it in a mathematics classroom - or elsewhere - in an attempt to arrive at something of a transcendental nature. The area of the pie, viewed as a circle, is calculated as πr^2 , while the circumference is readily obtained as π times the diameter, or πd . One could also circumscribe the pie by drawing a polygon on it such that all of the polygon's vertices touch the circumference. There is a natural transcendentalism in the word 'pie', given that the transcendental numbers π and e interconnect to form the word p-i-e, or 'pie'. And we continue this fascination with the warm apple pie by elevating it to a grander version - the capitalized P-I-E ('PIE'), whereby reversing the letters of our capitalized PIE, just happens to be the number 3.14, which corresponds to the first three digits of the transcendental number π to arrive at our transcendental apple pie.

On a Sydney Poet's Journey

Open Mic Poetry, 8:52 Hong Kong Restaurant, Newtown
 Spoken Word, The Glebe Hotel, Glebe
 Poetry & Song Open Mic, 8:52 Hong Kong Restaurant, Newtown
 Bonfire Open Mic, Desire Books & Records, Manly
 Bread & Butter Poetry Slam, The Nest Creative Space, Alexandria
 Bankstown Poetry Slam, Bankstown Arts Centre, Bankstown
 Australian Poetry Slam, Byron Bay

Australian Poetry Slam, Sydney
Feature, Open Mic Poetry, 8:52 Hong Kong Restaurant, Newtown
Feature, Spoken Word, The Glebe Hotel, Glebe
National Folk Festival, Canberra
Darwin Fringe Festival, Darwin
Bread & Butter Poetry Slam, Sydney Opera House
Australian Poetry Slam, Sydney Opera House
Manly Writers' Festival, Manly
Sydney Writers' Festival, Sydney
Downtown Casino, Las Vegas
Downtown Fremont Street, Las Vegas
Bellagio Casino, Las Vegas (and drum roll + air guitar)
Bellagio Casino, Las Vegas, World Poker Tour Finals

Anyone for Down Under Sydney Poetry?

Sappho Books Café and Bar Glebe, Sapphos, Suffos, Suffolk Park
Poets at the Petersham Bowlo, The Bowlo Poetry, The Bowlo, 10-dollar lawn bowls family friendly pokie free LGBTQ+

Sydney Poetry Lounge The Glebe Hotel, Glebe Hotel, Nude Lounge,
The Birds and the Bees plethora
Moshpit Bar Open Mic Newtown, Moshpit, Snakepit, Titanic the
Movie Kate Winslet nude portrait

Don Bank Cottage Poetry North Sydney, Don Banks, Sir Joseph
Banks, Australian Banksia plant
Bankstown Poetry Slam Bankstown Arts Centre, Bankstown, Sir Joseph
Banks, Australian Banksia plant hint golden wattle bush

Asphalt Words And Ocean Dreams Poetry Event Newtown, Asphalt,
Ashphalt, Ash Barty 4 slams AO FO Wimbledon US
West Side Poetry Slam Parramatta, West Side, West Side Story, West
Side Story classic musical tragic romance Shakespeare's Romeo and
Juliet epitomized

We Three Bar Spoken Word Marrickville, We Three, We Three She
Her, We Three She Her Them They It Whom Whose Which That

Bonfire Open Mic Desire Books & Records Manly, Desire, Lust, AI fantasies beyond imaginations

Poetica Redleaf Gallery Woollahra, Poetica, Poetique, Un sonnet Français poétique

Bread & Butter The Nest Creative Space Alexandria, The Nest, Bird's Nest, Bird's Nest Olympic Stadium Beijing

8:52 Hong Kong Restaurant Poetry & Spoken Word Newtown, 8:52 Hong Kong Restaurant, 8:52, (current time)

The Ash Barty Barbie Doll - Byron Bay and Beyond

The writer Tristan Barnett is known as “The Baron” where Barra (Australian slang for Baron) can be obtained out of Tristan Barnett as well as the longest word ‘bitartrates’. Mundi is Australian slang for Monday and thus by concatenating these two slang terms - Barra and Mundi - we arrive at a proper English word as simply Barramundi. Byron Bay is renowned for its relaxed, coastal lifestyle, along with nearby towns such as Ballina, Bangalow, Brunswick Heads, and Billinudgel. The Australian slang for the above towns could be interpretation but one playful observation is that the word Baron can be derived from the letters in Byron Bay. Further, an elegant visual arrangement can be achieved by cutting out the word Bay and placing it directly beneath Byron, creating a simple yet pleasing letter alignment. Perhaps, however, this is best attempted anywhere other than the Byron Bay library, unless you wish to be politely asked to leave even without the opportunity to explain the rather elegant Byron Baron conundrum. To celebrate her achievements, Ash Barty was honoured by Mattel with a unique, one-of-a-kind Barbie doll - simply, Ash Barbie. The doll wears a replica of the exact outfit Ash Barty wore when she won the 2021 Wimbledon Championships. It was created as a special tribute to her career and is not available for public sale. Tony Abbott was a former Australian Prime Minister who served as the federal member for Warringah, a coastal electorate encompassing the iconic Manly Beach. Now piecing the above together in some sought of poetic way we derive - Byron, Balna, Billi, Bruns, Bangas, Barra, Baron, Barty,

Barbie, Barnett, Ballina, Bangalow, Byron Bay, Brunswick Heads, Billinudgel, Barramundi, Bitartrates, Budgie Smugglers

Quantum Tunnelling for Dummies

Quantum tunnelling (or barrier penetration) is a quantum mechanical phenomenon in which a particle passes through a potential energy barrier that it classically lacks the energy to overcome. This is possible because quantum particles behave as probability waves: when the wave function encounters a barrier, it penetrates it and decays exponentially within the classically forbidden region. This use of the word penetration should not be confused with penetration in black-jack (or its counterpart whitejill), where deep deck penetration - such as dealing about five decks from a six-deck shoe - creates favourable conditions for card counters. Under liberal rules, a skilled player using the Hi-Opt II counting system with a Kelly multiple-outcome betting strategy may gain a small statistical edge over the house, typically around 1%, depending on the game conditions. Because quantum tunnelling implies a non-zero probability, it is sometimes noted that, in principle, a macroscopic object such as a human passing through a solid wall is not mathematically impossible, but the probability is unimaginably small - effectively zero for any practical purpose. An interesting biblical parallel is the account of Jesus appearing among the disciples despite the doors being locked. John 20:26 (New International Version) states: 'A week later his disciples were in the house again, and Thomas was with them. Though the doors were locked, Jesus came and stood among them and said, "Peace be with you!"'. Christianity regards this passage as miraculous, viewing Jesus as the divine Son within the Holy Trinity—rather than as a quantum-mechanical phenomenon. Within many religious traditions, ghosts are non-physical beings and angels are spiritual messengers of God. In these traditions, their immaterial nature suggests they could conceivably pass through material objects, such as the wall next to you - "Hello Casper". Now consider the premise, found in scriptures such as the Bible, the Qur'an, and the Bhagavad Gita, that each person possesses an individual soul and a Supersoul or Holy Spirit (understood in some traditions as God's presence within the heart), with spiritual

consciousness arising from the Supersoul. Suppose there are 400,000 human species distinguished by their level of consciousness, measured by 'happiness' and relationship with God. In this view, the Buddha attained enlightenment at age 35, while various spiritual traditions also describe mystics walking on water or levitating as manifestations of exceptionally high consciousness. Incidentally, the Bible records a related account in Matthew 14:26: 'When the disciples saw him walking on the lake, they were terrified. "It's a ghost," they said, and cried out in fear.' From the above discussion, quantum tunnelling implies that a person passing through a wall, while effectively impossible, has a probability that is not mathematically zero. Many religious traditions likewise describe angels and ghosts as non-physical beings capable of passing through material objects, while accounts of miracles such as walking on water and levitation also appear in religious history. The final piece of the puzzle may lie in Einstein's famous equation, $E = mc^2$, which demonstrates that matter and energy are interchangeable. If one speculates that higher levels of consciousness involve a transformation of the physical body into a more subtle energetic state, then, at the highest level of consciousness, a person might exist in an angelic rather than a physical form, making passage through a wall conceptually possible. Within this speculative framework, Jesus, though appearing in human form rather than as a Spirit Being, is proposed to have passed through walls. Quantum tunnelling is presented not as proof, but as a physical analogy suggesting that such an event is not mathematically impossible.

How to Achieve an Australian Tennis Open Title Without Playing Tennis

The four tennis Grand Slam tournaments (Tennis Slams) are the Australian Open (AO), French Open (FO), Wimbledon, and the US Open. Therefore, winning the French Open earns you the title FO (where Rafa Nadal has 14 FO's in his portfolio), while winning the Australian Open earns you the title AO. Including doubles, Aussie Ash Barty won all four Grand Slam tournaments, while fellow Aussie Margaret Court holds the record with 11 Australian Open singles titles. Now what about achieving an AO title in poetry - or in Poetry Slams in

particular - if Poetry Slams are viewed as the literary counterpart to Tennis Slams? Well like tennis, there are four major Poetry Slams in Sydney, with the Australian Poetry Slam (APS) being the pinnacle of the four. The other three are the Bankstown Poetry Slam, Bread & Butter Poetry Slam, and Sydney Poetry Slam. The latter, however, is the only slam with an Adults Only (18+) restriction. Thus, although winning the Australian Poetry Slam is generally regarded as the highest achievement, one might prefer to win the lower - ranked Sydney Poetry Slam in order to obtain an 'AO' title, since it is the only slam with an Adults Only (AO) restriction. Finally, what about obtaining an AO title that you could include on your CV or business card, for example, that is perhaps less obscure or cryptic than simply stating you won the Sydney Poetry Slam - the only slam with an Adults Only (AO) restriction? The Order of Australia recognises Australians who have demonstrated outstanding service or exceptional achievement. There are four levels, with the highest honour being the Companion of the Order of Australia (AC). The Medal of the Order of Australia (OAM) and Member of the Order of Australia (AM) are the most common honours and have no specific annual quota. In contrast, The Companion of the Order of Australia (AC) has a strict annual quota of 35 recipients, while the second-highest honour, Officer of the Order of Australia (AO), has a strict annual quota of 140 recipients per calendar year. Therefore, although the AO is not the pinnacle of the Order of Australia honours, one might actually prefer receiving the Officer of the Order of Australia because of its abbreviation and title, AO - a distinction that Ash Barty received in 2022 only months after winning the Australian Open AO on the 29th January 2022. So, what are the chances that Ash Barty takes to Adults Only (AO) Poetry Slams to not only win another AO title, but also claim another Slam?

Who is the best and fairest tennis player?

Whilst asking a mirror who is the fairest tennis player of them all may exist only in children's pantomimes such as 'Snow White', this fairy-tale fantasy may have taken on new life since 'Mirra Andreeva' won the 2026 French Open singles title as a 19-year-old teenager. Thus, posting a picture of Mirra Andreeva on your kitchen wall alongside

'Snow White' could become more popular than analyzing tennis statistics at a performance poetry slam. From 2003 to 2023 (a span of 21 years), we witnessed an era of Grand Slam dominance by the tennis trio of Roger, Rafa, and Novak, who collectively won 66 of the 83 Grand Slam singles titles available (79.5%). This remarkable dominance is reflected in their outstanding individual statistics. Moreover, by combining a player's career percentage of points won on serve with their percentage of points won on return of serve, we obtain a useful measure of overall performance. Using this indicator, Novak Djokovic records 109.8%, Rafael Nadal 109.9%, and Roger Federer 110.4%. The tennis 'trio' record-breaking bonanza began when Roger Federer surpassed the Pete Sampras record of 14 Grand Slam singles titles by winning the 2009 Wimbledon Championships. This was followed by a flurry of new records over the next nine years, culminating in Federer's 20th and final Grand Slam title at the 2018 Australian Open. Counter-intuitively, however, it was Rafael Nadal - not Novak Djokovic - who first reached 21 Grand Slam titles by winning the 2022 Australian Open. The final tally for the tennis trio stood at Federer 20, Nadal 22, and Djokovic 24. So, will the new hot shots, Jannik Sinner or Carlos Alcaraz, go on to win 16 or 18 Grand Slam titles, assuming that Grand Slam milestones continue to follow an arithmetic progression from the Pete Sampras 14 titles to Roger's 20, Rafa's 22, and Novak's 24? Gender-based, tennis is arguably the most popular spectator sport, and this has been showcased in recent decades by players such as Steffi Graf, who won 22 Grand Slam singles titles, including all four Grand Slams and the 1988 Olympic gold medal, making her the only Golden Grand Slam champion. More recently, and during roughly the same era as the tennis trio, Serena Williams won 23 Grand Slam singles titles. From the performance indicator above, Serena remarkably outperformed the tennis trio, achieving 111.5% compared with Roger's leading figure of 110.4%. Women, of course, play best-of-three-set matches in Grand Slam singles, whereas men play best-of-five-set matches, making Serena's 23 Grand Slam titles even more remarkable. To further illustrate Serena's outstanding tennis resume, we now examine the connections between tennis, world university rankings, and politics. The QS World University Rankings evaluate universities' overall performance using indicators such as research, employability and global engagement. For the first time, in

2026, the University of New South Wales (UNSW) ranked No. 1 in Australia, with a QS World Ranking of 19. Thus, if we abolish the UN (where UN is the abbreviation for the United Nations) from UNSW ranked No 1, then we are left with SW ranked No. 1, where SW is not only the initials of Serena Williams but also (drum roll) the initials of Snow White, making Serena Williams arguably the best and fairest of them all.

All I want for Xmas is Delta Goodrem

Xmas with Delta is an annual star-studded festive television special hosted by Australian singer Delta Goodrem on the Nine Network. Thus, by applying elementary mathematics to the inverse of Xmas with Delta (or simply X Delta), we obtain Delta X, representing the change, or horizontal distance, in the x-value between two points on a line or graph. Argentine footballer Lionel Messi was born on 24 June, while American singer-songwriter and actress Ariana Grande was born on 26 June. The midpoint is therefore 25 June, which also happens to be exactly six months before and six months after Xmas Day, neatly reinforcing the Xmas theme. The initials of Ariana Grande are AG. Since all three people mentioned above are from countries beginning with the letter A (Australia, Argentina, and America), and A is the first letter of the alphabet, let us define Delta X from our Xmas with Delta reference as equal to 1. This changes AG to AH, since $G+1=H$ in the standard alphabet. Alternatively, if one factorizes the expression $AG+A$ as $A(G+1)$, we again obtain AH, which further reinforces the logic behind choosing Delta X to equal 1. Lionel Messi was raised in the Roman Catholic Church and identifies as a Christian, frequently expressing gratitude to God for his football career and pointing to the sky in prayer after scoring. He also has a prominent tattoo of the face of Jesus Christ wearing a crown of thorns on his right shoulder, alongside a rosary on his arm. With this in mind, if one simply combines the word 'Messi' with the mathematically derived letters 'AH' from above, the result is the beautifully fitting Xmas word 'Messiah.'

Going for Gold in the 2026 City2Surf

The 2026 Voltaren City2Surf was once again a sell-out event, with 90,000 registered participants. Andy Buchanan and Holly Campbell recorded the winning men's and women's times of 40 minutes 27 seconds and 46 minutes 35 seconds, respectively - by far superior to the writer Tristan Barnett's finishing time of 2 hours 6 minutes 55 seconds. Out of the 77,234 participants who recorded a finishing time through the Voltaren City2Surf app, Tristan finished in 61,655th place, ranking him in the bottom 20th percentile of competitors. In fact, Andy Buchanan could potentially have run a full 42km marathon, compared with the 14km Sunday-morning stroll to the beach, and still recorded a time faster than Tristan's 2 hours and 6 minutes. Historically and in the present day, the Commonwealth and Olympics Games have featured race-walking events, typically over distances 10 and 20km. Thus, Tristan's strategy was to walk - and walk the talk - the entire 14km City2Surf in an attempt to obtain Gold in a hypothetical walking category, and then write - and write the talk - about the achievement for a Poetry Slam or Open-Mic performance. To avoid disqualification in a race-walking event, the competitor must maintain continuous ground contact, with the supporting leg straightening upon contact. Consequently, race-walking courses are generally smooth and relatively flat, as steep hills make it harder to maintain legal technique. Thus, elite race-walkers in the 2026 City2Surf could potentially be disqualified from a hypothetical walking category, particularly on the steep ascents and descents of Heartbreak Hill. From historical data, most participants who walk the entire 14km course from Sydney CBD to Bondi Beach finish in a time beyond 2 hours and 30 minutes, noting that even 'walkers' generally start and finish the course with some sort of light jog, if only for the cameras. Tristan recorded 2 hours and 6 minutes, and made a conscious effort not only to walk as fast as possible (with legal technique), but also to overtake everyone on the course who was walking. Every competitor who crossed the finish line was awarded a medal, and this was known from the outset of the race as an added incentive to participate and complete the world's largest fun run. For the writer Tristan Barnett to go to such lengths not only to analyze the event but also to write about and perform his experience at poetry events, all in pursuit of Gold in this hypothetical walking category, is a testament to the history, popularity and

enduring appeal of the City2Surf since its inception back in 1971. It also demonstrates that sometimes the journey to Gold begins not with running, but with walking, writing and, ultimately, talking the walk!

Preamble Compilations

Not to be confused with Barron Trump that has a double 'r'
Don't judge a book by its cover
Trigger warning - talking tennis again
As for the outfit - yeah trying to become a feature at this poetry event
Maybe not a good idea to perform magic by rabbits appearing out of the hat and then running around the room – which is why I switched to poetry
Performed this piece at Poetica last month and in case you missed it here it is again
Polished off this piece this morning which in poetry terms makes it 'Press Hot Polish'
Maybe every poet needs a roadie — to not only carry the microphone and microphone stand, but also to carry the metaphors when the rhymes get heavy
I will be reading this piece rather than performing but agree that it would be a good idea to go on 'Home and Away' to improve my acting skills
I don't write abstract rather data-driven academic voice and maybe not a good idea to write poetry in The Shakespeare Room State Library of New South Wales
Started performing poetry in Byron Bay in the attempt of making it to Vegas Bellagio Casino World Poker Tour finals
Wearing the branding 'The Minuscule Ant' shirt which I wore last month. In fact, have two identical shirts so how do you know this was the shirt I was wearing last month and not its 'Stunt Double'?

A Contemporary Ten Commandments

Many religions describe the spiritual sky and the afterlife using different terminology—being saved, salvation, moksha, liberation, nirvana, the Kingdom of God, and heaven. This suggests that life is eternal and that we continue to take on different bodies through reincarnation and transmigration of the soul until we reach the spiritual sky (assuming three quarters of the universe is spiritual), where the soul survives the death of the material body. Thus, our purpose in life, or constitutional position, is to reach the spiritual sky in the next life and escape the cycle of death and rebirth. Like anything else, reaching the spiritual sky is a process in which God, as the Supersoul—the divine presence within us, situated in the heart—credits Godly or yogic processes over sinful ones. The process is therefore twofold. First, by following yogic processes, we advance spiritually and minimize suffering in the material world, where, for example, the Buddha is traditionally said to have attained enlightenment at the age of 35. Second, this spiritual advancement gives us the best prospects of reaching the spiritual sky in the next life. These yogic processes, presented in the form of a contemporary Ten Commandments, are listed below—so enjoy, have a laugh, and then try putting them into practice before Moses comes back looking for his stone tablets!

1. Avoid meat, egg, mushroom, onion, garlic, chives, shallots, leek, alcohol, smoking, vaping, cannabis, caffeine, gambling, illicit drugs and illicit sex. You put alcohol into cars and apparently every animal comes with its own complimentary disease package.
2. Weekly gardening, wrestling and swimming (preferably at the beach). This could change the political landscape with the public voting on leaders with a talent for Greco Roman Wrestling.
3. Weekly hatha yoga, mindfulness, kirtan, japa, arati, puja, tai chi, dharma talks, bhagavatam talks, mathematics, arts-and-crafts, poetry and a gifted activity. Remember the last time that you were able to solve the integral between 0 and $\frac{\pi}{2}$ of x^3 over $1 + \cos x$ dx?
4. Listen to music frequently, and let your playlist do the heavy lifting.
5. Don't accumulate wealth (e.g. build or donate to a foundation). Let your fortune become someone else's foundation!
6. Six hours of sleep maximum per night. Animals generally have four big priorities: sleep, eat, mate, and defend themselves—basically the original four-item life plan, with no meetings or emails.

7. Eat prasadam (spiritualized vegetarian food) and karma free milk products. Maybe even write your own name on a favourite milk carton like Olympic swimmer Michael Klim (Klim backwards is Milk!)
8. Read Krishna Consciousness books including the Bhagavad Gita As It Is three times. Okay, read it four times if you genuinely think Gandhi spent his days running around India demanding independence, armed with nothing but a swag, a copy of the Bhagavad Gita, and an alarming amount of confidence.
9. Work hard but don't become attached to the results in working life as you could unfairly lose your job tomorrow. In other words, give your best today, but keep your emotional baggage light enough to fit in the cardboard box they hand you on the way out.
10. Avoid household and work conflicts and politics. Life is already complicated enough without turning the dinner table, office kitchen and family WhatsApp group into competing battlefields.

All about Jesus

The three Abrahamic religions give different accounts of the level of 'divinity' of Jesus Christ. Here are five observations that, from this perspective, demonstrate some uncertainty surrounding the belief that Jesus is God:

Firstly, being the Son of God and being God could be considered a contradiction.

Secondly, Jesus worshipped the Father as God. Thus, it could appear to make little sense for God to worship God, which could be considered another contradiction.

Thirdly, God is fully spiritual, omnipotent and omniscient, and cannot suffer in the material world. Jesus, however, had a material body and quite likely suffered during the ordeal leading up to the crucifixion and on the cross.

Fourthly, Jesus claimed divinity by forgiving sins, yet his subsequent material body in the afterlife could suggest he had not attained perfection. Thus, his forgiveness of sins may not prove that he was God,

since our ultimate purpose in life is to attain a spiritual body in the afterlife.

Fifthly, the word 'Trinity' is never mentioned in the Bible. The Father, Yahweh and Allah are incarnations of Lord Krishna, the Supreme Personality of Godhead, who is purely spiritual. Jesus was the Son of God as the 'Messiah', but all humans are also sons of God, with God as our 'Father'. Thus, Jesus was a special Son of God as the Messiah. The Holy Spirit, also called the Holy Ghost or Spirit of God, is a plenary expansion of God residing in the heart of every living entity as the Supersoul.

The three Abrahamic religions also differ in their accounts of the death and resurrection of Jesus. Qur'an 4:157 states, "but they neither killed nor crucified him—it was only made to appear so". From the perspective that we are eternal souls rather than material bodies, Jesus, like all living beings, cannot ultimately be killed. The soul is the source of life, while the material body is temporary matter. Through karma, reincarnation and transmigration, souls take on different bodies until they attain a spiritual body, such as that of an angel, allow them to ascend to a spiritual planet, live in eternal bliss with God, and ultimately escape the cycle of death and rebirth. This is our purpose in life: to obtain a spiritual body in the afterlife, which every living entity will eventually attain. In this sense, like Jesus, we are all resurrected from the 'dead' as we progress towards the spiritual sky, known in different religions as salvation, moksha, liberation, nirvana, kingdom of God, heaven or Jannah.

All three Abrahamic religions agree that God is perfect and therefore would not contradict Himself. Consequently, there should be no fundamental contradictions between the Bible and the Qur'an, particularly regarding Jesus Christ. Demonstrating through logic that there are no contradictions between the two Holy books could help unite the three Abrahamic religions and represent a positive step towards achieving greater peace in our multicultural and multifaith societies.

Yoga for Peace

The word yoga is more than just some sort of meditative moving exercise in your local gym or ecstatic dance weekly hangout. Yoga is integrated with religion, the products we consume, our working lives, education and our way of ethics towards society. The word yoga itself means to connect or 'to yoke' (as described in the Bible) – the individual soul (known as the 'soul' in the Bible) with the Supersoul plenary expansion of God located in the heart (commonly known as the 'Holy Spirit' in the Bible). This connection produces spiritual consciousness through the energy emitted by the Supersoul.

Yoga can be classified into four types: Hatha, Karma, Jnana, and Bhakti or Buddhi Yoga. Hatha Yoga can be understood as meditative movement exercise, such as that practised at a local gym or an ecstatic-dance weekly gathering. Karma Yoga relates to our working lives: when practised properly, one should not become attached to the results of their work; rather, all work is performed for and ultimately owned by the Supreme. Thus, the living entity does not experience reactions of lamentation or hankering if they were to unfairly lose their job tomorrow. Jnana Yoga relates to knowledge and education, through which one can experience inner peace by understanding religious texts or solving complex problems or puzzles, such as those encountered in mathematics. Finally, Bhakti or Buddhi Yoga incorporates the above three types of yoga, as well as various religious processes, including chanting sacred mantras through kirtan, arati, japa, and puja; practising charity; performing devotional service, such as propagating yoga philosophy through social media and book distribution; and abstaining from material sense gratification, including smoking, illicit drugs, gambling, alcohol, meat-eating, coffee, and illicit sex. Thus, the words - yoga, God, religion, work, education, soul and spiritual can be used somewhat interchangeably depending on the context.

By undertaking these yoga processes, one advances spiritually by increasing their level of spiritual consciousness through the individual soul connecting with the Supersoul. There are said to be 400,000 species of humans, defined by different levels of consciousness. We are NOT defined by whether we are Asian, Muslim, Jewish, Black,

White, Aboriginal, Madagascan, or this or that, but rather by the level of our consciousness. Through reincarnation and transmigration of the soul, we may have been someone else or even another species in a previous life. We continue taking on different bodies until we reach the spiritual sky, where life is eternal and three-quarters of the universe is said to be spiritual. The soul represents life, while the material body is 'dead' matter. According to this philosophy, God sustains our life through spiritual consciousness generated by the energy emitted from the Supersoul, the plenary expansion of God located in the heart. By advancing spiritually, we can minimise suffering and ultimately reach enlightenment, understood as free of all suffering. The Buddha, for example, is traditionally understood to have attained enlightenment at the age of 35. Furthermore, spiritual advancement gives us the best chance of reaching the spiritual sky in our next life and escaping the cycle of birth and death - a goal known in different religious traditions as salvation, moksha, liberation, nirvana, the Kingdom of God, heaven, or Jannah.

It could then be argued that world peace could be achieved by teaching yoga philosophy to the general public and ultimately in schools, since by undertaking these yoga processes to reduce suffering and ultimately reach the spiritual sky in the next life, one is encouraged to cause no harm to any living being on this planet, while adopting a philanthropic approach to life and developing greater respect for the environment.

Sixteen One-Liners for the Soul

We have a piece of God inside of us as the Supersoul (also known as the Holy Spirit or just Spirit) as a plenary expansion of God located in the heart

Consciousness is energy emitted from the soul given we have two souls (individual and Supersoul) and thus God is keeping us alive through spiritual consciousness as energy emitted from the Supersoul

The soul is one tenth thousandth the size of a tip of a hair and gets inside the atom as the smallest unit of life

The word 'yoga' or 'to yoke' as in the Bible means to connect where by following yoga processes one is connecting the individual soul with Supersoul to emit spiritual consciousness as a source of energy

Look after the Supersoul and God will look after the material body where a vegetarian diet and no alcohol alone is a high form of religious or yoga process

Every living entity 8.4 million species in life has an individual soul and a Supersoul located in the heart and every living entity is connected through spiritual consciousness as the fifth fundamental force of nature

We are not these material bodies but eternal souls where life is eternal and our whole purpose in life (constitutional position) is to reach the spiritual sky in the afterlife

Bhakti or Buddhi yoga is the highest form of yoga which involves the other three forms (karma, hatha and jnana), as well as other spiritual processes such as mindfulness, kirtan, japa, arati, puja, tai chi, dharma talks, bhagavatam talks, mathematics, arts-and-crafts and poetry

There are 400,000 species of humans defined by the level of consciousness where with enough spiritual advancement one can aim towards enlightenment and thus be free of all suffering in this material world We are NOT defined by whether we are Asian, Muslim, Jewish, Aboriginal, Black, White, Madagascan or this or that but rather by our level of spiritual consciousness and thus there would be no bigotry or racism if one views the individual by the soul which is life rather than the dead material body

Yoga is the most effective method to resolving conflicts

God owns and is the true custodian past, present and future of all land

God owns all knowledge and thus there should be no lamentation or hankering if one unfairly loses their job tomorrow

Like Jesus we are all sons of God, cannot be killed and raised from the dead since life as the soul is eternal where three-quarters of the universe is spiritual

Animal life sleep, mate, eat, defend whereas human life is about trying to understand God whilst following religious/yoga processes

Advance spiritually and sex becomes distasteful and sex with God (spiritual sex) may even be possible as the highest source of pleasure

The Anonymous Mango Tree

I am a mango and a tree
I hear a waterfall
I see a kangaroo
I wonder whether trees have feelings
I am a mango and a tree

I pretend to go on 'Home and Away'
I touch Ash Barty's tennis racket
I worry about New York City
I want a mango tree
I am a mango and a tree

I understand that life is eternal
I try to write a poem once a week
I hope my tennis book will be published
I am a mango and a tree

The Tennis Match That Inspired a Movie Sequel

At the 2025 French Open Final, Carlos Alcaraz, after losing the first two sets, saved three match points at 0–40 while serving at 3–5 in the fourth set. He then broke Jannik Sinner to 15 to level the set at 5–5, after Sinner had been serving for the match at 5–4. After winning the fifth set in a tiebreak, Alcaraz was ultimately crowned the winner in one of the most exhilarating, seat-edge, popcorn-worthy Grand Slam finals ever produced, with a record match length of 5 hours and 29 minutes.

Based on historical data and using an off-the-shelf backwards-recursion Markov chain model in an Excel spreadsheet, Carlos Alcaraz was the slight favourite, with a 56.4% chance of winning the match from the outset. This probability dropped significantly to 15.2% after he lost the first two sets and to just 1.2% when Alcaraz was defending three match points while serving at 3-5 and 0–40 in the fourth set.

Escape from Alcatraz is a 1979 American prison thriller film based on the true story of three prisoners who escaped from a high-security prison on an island in San Francisco Bay by ultimately launching a homemade raft into the water constructed from more than 50 stolen, rubberised raincoats.

The actual Alcatraz escape occurred on June 11, 1962, while the 2025 French Open Final took place on June 8, 2025. Traditionally beginning in late May, the French Open men's final typically falls between June 8 and 14. Thus, both events occurred within the same June 8–14 date window.

Another interesting observation is that there is a missing 't' in 'Alcaraz' to form the word 'Alcatraz'. Not only does the word 'tennis' begin with a 't', but the letter 't' could also represent a 'cross'. In the film Escape from Alcatraz, it was the prisoners, or 'sinners', who escaped the high-security prison, whereas, in the tennis match, it was Alcaraz who staged his own prison escape from 'Sinners', through the Jannik Sinner wordplay.

Based on the coincidental parallels above between the Alcaraz escape to win the 2025 French Open and the prison escape from Alcatraz in 1962, is it possible that there is a movie twist-plot to the true fate of the three prisoners, given that their bodies were never recovered and the FBI officially presumed that the men had drowned in the cold, rough waters of San Francisco Bay?

Perhaps, then, the miraculous escape from Carlos Alcaraz is more than just a playful coincidence. Building on the references to a 'cross' and 'sinners' above, could one imagine a more extraordinary interpretation—that the escapees somehow 'walked on water', echoing the biblical account of Jesus walking on water, before being rescued by an angel-like figure?

While there is no historical evidence to support such a supernatural explanation, it provides a playful twist on the enduring mystery: perhaps the three 'sinners' did not perish in the waters of San Francisco Bay after all, but were somehow granted their own miraculous escape. This could even provide the premise for a movie sequel, Escape from

Alcatraz II, suggesting that the story may have one more twist left to reveal.

All About Sex

Okay, let's talk about sex. Yes, sex - like the 1991 song Let's Talk About Sex by American hip-hop trio Salt-N-Pepa, or Barbie's rather blunt observation in the PG-rated film Barbie, where Barbie, played by Margot Robbie, declares: "I do not have a vagina. And he does not have a penis. We don't have genitals". This comes after Barbie and Ken are catcalled by construction workers, prompting the rather obvious realization that plastic dolls, thankfully, do not come equipped with reproductive organs. Or consider the one-liner from the 1992 drama/mystery R-rated film Basic Instinct: "F like minks, forget the rugrats, and live happily ever after".

But what if we looked at sex from a completely different angle? Instead of Hollywood, pop music or anatomically challenged plastic dolls, let's turn to one of the great spiritual teachers of the twentieth century: A.C. Bhaktivedanta Swami Prabhupada, whose commentary on the Bhagavad Gita - one of India's most influential spiritual texts, sometimes compared with the Western Bible in terms of cultural significance - is known as Bhagavad Gita As It Is. So, forget the construction site, put Barbie and Ken aside, and let's see what ancient spiritual philosophy has to say about one of humanity's oldest and most entertainingly complicated subjects: sex.

Well firstly, sex is transitory. Men reportedly last, on average, around 5–6 minutes, while women may take considerably longer to reach sexual satisfaction. Animals typically sleep, mate, eat and defend themselves—so, from this perspective, sex belongs firmly in the animal kingdom. The provocative question, then, is: does society, in pursuing sexual pleasure, sometimes behave more like animals than enlightened beings? According to certain spiritual traditions, the answer is yes. As we advance spiritually through yoga or religious practice, sexual desire is said to become less attractive, with the ultimate goal being to transcend it altogether. From this perspective, sex should be

reserved for procreation, making contraception and non-procreative sex morally problematic and, within some traditions, sinful. Illicit sex is even counted among the four major sins, alongside meat-eating, intoxication and gambling. And then there is the wonderfully inconvenient problem of time. Our bodies are constantly changing, with cells regenerating at different rates throughout our lives. So, theoretically, the person you find irresistible today may look quite different tomorrow, or in the exaggerated language of spiritual satire, your beloved could eventually resemble a 'demon'! Yet here comes the ultimate contradiction: many of us have experienced something resembling enlightenment during the fleeting 'pleasure' phase of sex, if only because, for a brief moment, ordinary suffering seems to disappear. Perhaps, then, sex offers a curious imitation of enlightenment: a few minutes of bliss, followed by the return of reality.

As above, sexual desire or ordinary sex becomes increasingly distasteful as we advance spiritually. Perhaps, then, enlightenment represents something radically different - not the abandonment of pleasure, but its ultimate transformation. Could reaching enlightenment therefore be understood, metaphorically, as having 'sex with God' - a state of supreme pleasure, without the suffering, attachment, or limitations associated with ordinary 'animal' sex?

When Tennys Meets Shakespeare

Tennys Sandgren is an elite tennis player.

Whereas Shakespeare is a classical sonnet writer.

Beach tennis is an official ITF sport played on sand.

Whereas royal tennis is a lawn tennis predecessor played on indoor concrete.

Thus, given that the word 'sonnet' spelt backwards just happens to be the word 'tennos', should Tennys Sandgren serve upon the sand or grass, while Shakespeare serves sonnets beneath the stars to Romeo and Juliet?

When the Algorithm Takes the Stage

From standard poetry events and open mics to poetry slams, festivals, workshops, writing competitions and even the prestigious Nimbin World Cup, every poetry performance has its own scoring system, with an associated set of rules - and no two systems are necessarily created equal.

Take poetry slams, for example. Typically, a poet gets the floor for a maximum of three minutes, as at Bankstown, and Bread & Butter Poetry Slam. At the Australian Poetry Slam, however, the poet has just two minutes to perform before the clock before time penalties start working against them for going over the allocated two minutes. In the Nimbin World Cup, the performer is allocated eight minutes and loses points for going both over and under the allotted time.

Poetry slams and other competitions may also restrict the use of AI, for the obvious reason that you could theoretically ask ChatGPT to write the entire poem, step onto the stage, read it aloud and then accept the trophy as the winning poet. At that point, is it really a poetry slam or merely a very elaborate software update?

But what about turning the whole concept on its head with an open-slasher AI poetry slam? No restrictions. Human poets, AI poets, AI holograms or perhaps even an AI-generated humanoid could take the stage and perform the piece.

And then things could get even more surreal. Imagine an AI-generated humanoid resembling Arnold Schwarzenegger taking the stage delivering a performance straight out of *Terminator 2*. Or what about an AI humanoid resembling Robin Williams, able to transform into Mrs Doubtfire throughout the performance? Perhaps an AI-generated Shakespearean android could perform a beautiful love poem, transporting us back to the time when the original pieces were written, some 400 years ago. Or perhaps Kate Winslet from *Titanic*, performing a piece with an intense Jack Dawson moment, as Leonardo DiCaprio's character sketches an adults-only portrait of her. It would be intriguing to see whether an AI-generated humanoid performer or AI hologram might take the name 'Kate Winslet' a little too literally,

particularly if the performance took place at a venue such as the Glebe Hotel's 'Nude Room'.

Finding the GOAT in the Year of the Fire Goat

The next 'Year of the Fire Goat' in the Chinese Zodiac begins on February 6, 2027, and runs until January 25, 2028. In fact, there are 12 Zodiac signs in total, repeating over a 12-year cycle, and 5 elements - Wood, Fire, Earth, Metal and Water - which rotate on a ten-year cycle including a 2 consecutive year Yin/Yang rotation. Thus, the last 'Year of the Goat' occurred in 2015, 12 years before 2027, while the last 'Year of the Fire Goat' occurred in 1967, 60 years before 2027. And note that being born in 1972 as a Water Rat doesn't necessarily guarantee you a free pass as a cast member on the Australian TV drama *Water Rats*, even if the series were to return in 2032 — the next 'Year of the Water Rat'.

But the 2027 'Year of the Fire Goat' is intriguing in itself, given that the word GOAT is typically used in elite sport to mean 'Greatest Of All Time'. And so, is 64-time tennis Grand Slam winner and record-equalling 24-time singles Grand Slam champion Margaret Court the GOAT, given that the word 'goat' can actually be obtained from within 'Margaret Court'? Or perhaps another Aussie tennis player, Ash Barty, given the parallels between the word 'ash' and the word 'fire' in 'Fire Goat'? Or Argentinean football player Lionel Messi, where combining an element of surprise 'Ah!' (Ah) with the tail of the word Messi gives the rather elegant word 'Messiah'?

But the most intriguing name in terms of similarities to the word GOAT is undoubtedly sprinting sensation Gout Gout where wordplay poetry slants Gout Gout GOAT or GOAT GOAT GOAT or let's GOAT Gouty let's GOAT or Gouty GOAT goat goat goat you are my voodoo dolls - just sounds awesome for a poetry slam or a teddy bears' picnic in the woods.

Moreover, Gout Gout was born on December 29, 2007, making his Chinese Zodiac sign the Metal or Golden Pig, and his Australian Zodiac sign Capricorn. Capricorn is represented by a sea-goat, a mythical

creature that is half goat and half fish. Thus, the Australian Zodiac sign of Capricorn, being half goat and half fish, is perhaps the most representative Australian Zodiac sign for Gout Gout as the GOAT.

In order to obtain GOAT from the word Gout, we simply need to 'buy a vowel' - or more specifically, replace the 'u' in Gout with an 'a' to give us the word GOAT. Going back to Gout Gout's birth date, December 29, 2007, which coincides with the Chinese Zodiac 'Year of the Golden Pig', we find another connection: the word 'gold' epitomises someone of GOAT qualities. Further, the chemical symbol for gold is Au, and thus the 'a' in 'Au' can be replaced by the 'u' in Gout to simply form the word 'GOAT'. To strengthen the argument further, 'gold' represents first place, while the letter 'a' naturally represents the first letter of the alphabet.

And finally, the fishy tail of the Capricorn sea-goat could be combined with the pig from the 'Year of the Golden Pig' to create a living creature known as a 'pigfish' - or more bizarrely, a 'pig goldfish goat'.

8:52 Hong Kong Restaurant

The writer Tristan Barnett often attends the weekly Monday poetry event at 8:52 Hong Kong Restaurant in Newtown, from 6:30 to 8:00 pm, and has become quite intrigued by the different combinations of transportation available for getting to the event.

For example, given that the restaurant is located in Newtown, it seems reasonable to catch the train from Central to Newtown Station and then walk the remaining 600 Google metres to the venue, located at Shop 6, 503 King Street, Newtown. Now, this 600-Google-metre walk takes 8 Google minutes, perfectly coinciding with the '8' in 8:52 Hong Kong Restaurant. It also happens that walking from Central Station to the restaurant takes 52 Google minutes, just to reiterate the 8:52 poetry narrative of 8:52 Hong Kong Restaurant.

On a different train line, St Peters Station is also a 600 Google metre walk from 8:52 Hong Kong Restaurant. St Peters Station is more

convenient for the return journey if one is heading to the Botany View Hotel after the poetry event ends at 8:00 pm for a convenient weekly Monday Open Mic known as 'Doggy Bag'. It takes nine Google minutes to walk from St Peters Station to 8:52 Hong Kong Restaurant. Thus, walking it in 8 minutes and 52 seconds is very plausible and nicely keeps with the 8:52 poetry narrative of 8:52 Hong Kong Restaurant.

A third transportation option, rather counterintuitively, if already on the metro heading towards Central Station, is to continue on to Sydenham Station and then somewhat backtrack to St Peters Station. And thus, although 8:52 Hong Kong Restaurant is located in Newtown, it could be quite strategic to advertise the event at St Peters Station on a Monday night, talking up the wordplay of an 8-minute-and-52-second walk to the venue.

"Hey Google, what else do you have that could conveniently fit this 8:52 time-based theme?" Well, Tristan, there just happens to be flights from Sydney to Hong Kong where, although the fastest recorded in-air flight time is 8 hours and 26 minutes and the slowest is 10 hours and 5 minutes, the average flight time, according to FlightQ.app, is, fair dinkum, bonza, cobber - 8 hours and 52 minutes.

Thus, what are the chances that Google has predicted the weather conditions well enough to produce a return 8-hour-and-52-minute flight time, while also allowing for a travel booking of 8 weeks and 5 days, still leaving 2 hours for an airport check-in?

The Minuscule Ant by Tristan Barnett

Artist Trista without an n
Transit with an n
If tennis is in Tristan Barnett
Then algebraist is in Ashleigh Barty
If an ant is minuscule
Then a ptarmigan is not minuscule
So call me Bart or call me Tart
Or simply Bart Tart Tennis with or without an n